

OUR

Story





Editor's Note

Welcome to our latest newsletter! We're excited to share updates and highlights from across our homes, where the people we support continue to enjoy a variety of meaningful activities and experiences with the support of our dedicated teams.

We're pleased to welcome Mark Tillman, who joined us in January as the Supported Living Manager for Howland House and Edgecote. Mark will also be leading the application for domiciliary care registration. Congratulations to the Howland House team on receiving another 'Good' rating in their second PAMMS review.

Ongoing staff development remains a key focus. Nicolae and Sue recently completed intensive Non - Abusive Psychological & Physical Intervention [NAPPI] training and are now rolling it out across the service. Sara has also achieved her Train the Trainer qualification in Epilepsy and Buccal Midazolam.

We're proud of our strong staff retention and will now be recognising long service awards in this newsletter. We've also marked key awareness events, including My Whole Self Day and World Down Syndrome Day.

We hope you enjoy this edition. Keep an eye out for our invitation to our upcoming summer party- we look forward to seeing many of you there!

Best wishes,

Kelly Taylor
Managing Director



SUE GREEN

Deputy Editor (Head of Care & Supported Housing)

ELSON MUNETSI

Content Editor

65PA

Life at the Heart of Our Home

65 PA: A Celebration of Growth, Connection, and Joy

At 65, every individual brings something special to our home. From passionate volunteering to heartfelt connections, here's a snippet into the inspiring lives of some of our tenants.



JUNAID SAJJAD
Team Leader

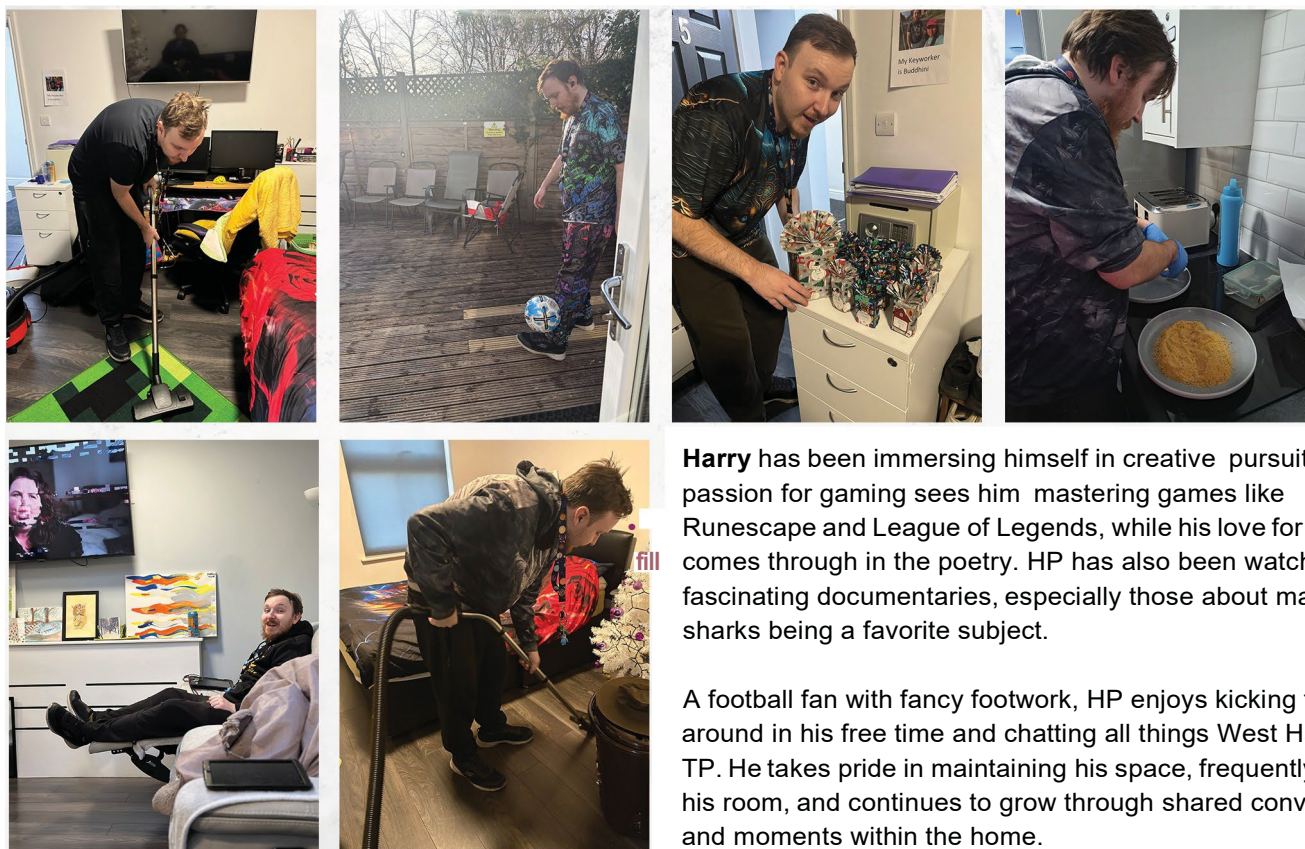
TP - A MAN OF ROUTINE, PASSION, AND PURPOSE



Thomas continues to be a shining example of dedication and consistency. He has been following a routine that reflects his commitment to personal growth and community service. TP works at Coop and volunteers at Sue Ryder - where he's devoted the last 9 years and at Hearing Dogs, contributing there for the past 3 years. Alongside this, he actively participates in adult learning, constantly seeking to empower himself.

Social by nature, TP attends Gateway and Social Link sessions every Tuesday and Thursday, always bringing the latest community news and updates. He's a die-hard Birmingham City supporter and loves discussing football, especially with staff EM and fellow resident HP. TP also enjoys cooking and keeping his room tidy. Recently, he enjoyed a delightful evening at the Birmingham Pantomime, watching Peter Pan, an experience he thoroughly loved.

HP - CREATIVITY, CURIOSITY, AND COMMUNITY



Harry has been immersing himself in creative pursuits. His passion for gaming sees him mastering games like Runescape and League of Legends, while his love for words comes through in the poetry. HP has also been watching fascinating documentaries, especially those about marine life, sharks being a favorite subject.

A football fan with fancy footwork, HP enjoys kicking the ball around in his free time and chatting all things West Ham with TP. He takes pride in maintaining his space, frequently cleaning his room, and continues to grow through shared conversations and moments within the home.

KA - ART, ANIMALS, AND ADVENTURES

Katherine is our artistic soul and animal lover. Her days begin with a calming coffee ritual at various spots in town. On Tuesdays and Thursdays, she volunteers at New Life, finding meaning in helping others. Her passion for creativity shines through in the art sessions she attends at Bucks Mind and those she initiates at the home. Lately, KA has been enjoying reading, with her current book being Summer Seekers. She frequently visits Stokenchurch for dog walking-highlighting her love for animals. KA has been on several exciting trips, including visits to Windsor Palace, the British Museum, and Cadbury World. She's also a fan of the cinema, recently watching Paddington, Snow White, and Minecraft. In the kitchen, she continues to grow in confidence, preparing meals with staff support.



OUR HOUSES ARE NOT JUST SPACES TO LIVE they are spaces to thrive.

Every story shared is a testament to the individuality, resilience, and joy that each resident brings. Here's to more laughter, learning, and shared memories in the months to come!



Spotlight on No. 8



SARA BAKER
Registered Manager

Alicia's Colourful Confidence

Alicia is thriving, developing her life skills with her supportive team. She's learning to make the perfect cup of tea and growing more independent every day. Alicia's bright fashion sense and love for walks bring her joy. She's looking forward to summer garden tea parties and poolside fun.

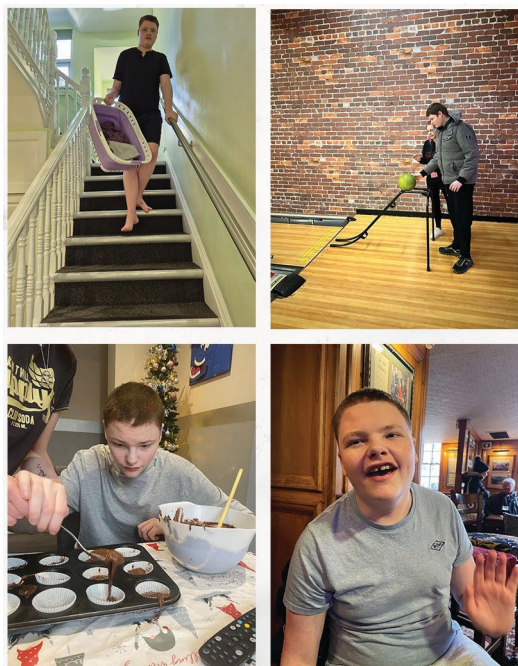


Welcome, Kai!

We're excited to welcome Kai, our newest resident. Since moving in, he's made great friends, enjoyed trips to the museum, and peaceful walks around Rye. His kindness and thoughtfulness have made a big impact on our community.

Jacob's Bright Progress

Jacob is enjoying the sunshine and taking on new responsibilities at home. From doing his laundry to helping with chores, he tackles each task with a positive attitude and a big smile. He's an inspiration to us all.



Richard's Passion for Adventure

Richard is full of excitement and creativity, with a passion for Marvel movies, sports, fast cars, and LEGO. He enjoys exploring local charity shops and trying new foods. A fan of current events, Richard is especially looking forward to lots of swimming this summer.



Naren's Boundless Energy

Naren brings joy and energy to everything he does - from singing and dancing to lending a hand around the house.

He's now enrolled in agriculture and dance classes at college, and he's really engaging in fun and educational activities. This summer, he's excited for bowling, painting, picnics, and time outdoors



Kate's Calm and Comfort

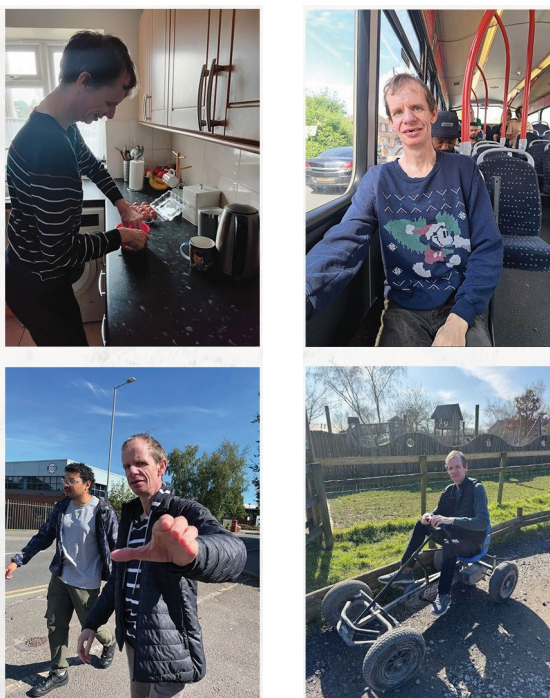
Kate finds joy in quiet moments with her picture books and relaxing drives. Swimming is her favorite activity- it helps her feel calm and content. Her peaceful presence brings balance to our lively home.



Clifton Court Spotlight

James' Animal Adventures

James, a resident at Clifton Court, loves animals and often visits Odds Farm with his annual pass. With his new bus pass, he is learning to use public transport with staff support. He's sociable, cheerful, and enjoys his personal space. James also attends Spring Valley, an adult day centre, where he connects with staff and peers in meaningful ways.



Summer at No. 8: Growing Together

Our summer is *off* to a great start with museum visits, shopping trips, pub lunches, and picnics in the sun. Swimming is a favourite, helping build confidence and wellbeing. Residents are gaining independence through daily routines like cooking and cleaning, and bonding over baking, games, and great conversations.

We're also planning a five-day trip in September to Duvale Cottages in Bampton, along with day trips to Brighton, Odds Farm, and more.

NUMBER 10



NICOLAE SOCACIU
Senior Service
Manager

Spotlight on Number 10

A home full of activity, learning, and special moments

Life at Number 10 has been busy and rewarding. The residents have enjoyed a variety of activities, outings, and personal achievements. Here's what they've been up to recently:



AJ - Helpful Learner and Aspiring Chef

AJ has been a great help during the morning maths sessions, often assisting other residents. He's recently picked up a new hobby and is eager to improve his skills. AJ also joins the weekly healthy living class with Nafees and has been learning new recipes in the kitchen - recently cooking a tasty pasta bolognese for dinner. AJ has taken up a new hobby - playing the piano and hopefully, he'll master it soon.

Nafees-Active and Excited

Nafees has been enjoying weekly badminton sessions at Wycombe Leisure Centre and spending fun afternoons at the park with Marvin. A big highlight was a surprise visit to meet his favorite TV personality, Lorraine, in High Wycombe - he was thrilled! Nafees also works on his maths exercises in the evenings and likes relaxing over a cup of karak chai at Chaiwala.



AJ and Nafees at their weekly healthy living class. They're both enthusiastic, helpful, and eager to learn new things to support their healthy lifestyle.



AJ is working on his maths exercises during the session and helping other residents with their work.



AJ picked up a new hobby in music a few months ago and will hopefully become an expert soon!



AJ is his chef's attire making a pasta bolognese for dinner.

Dale - Adventurer and Food Enthusiast

Dale enjoys day trips, including visits to Milton Keynes and Windsor Castle. After a busy day out, he loves having his favorite meal from Pepe's. Dale has also been active in the kitchen, preparing brownies with staff, and enjoys peaceful walks through local parks. Dale loves sports and has been to Top golf in Watford and regularly plays tennis with other tenants



Marvin - Sports Fan and Helpful Hand

Marvin stays active with tennis, golf, and healthy living classes. He's one of our top tennis players and a regular at TopGolf. Marvin helps with the weekly shopping and has taken turns as chef, helping prepare meals like biryani. He recently celebrated his birthday with lots of happiness and is a familiar face at Chaiwala, enjoying a good cup of chai. Marvin recently had his birthday celebration

Leigh - Puzzle Expert and Creative Mind

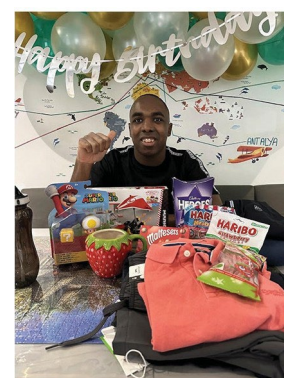
Leigh is known for his love of puzzles, often working on large 1000-piece sets in the evenings. He also took part in our Valentine's Day arts and crafts and was proud of his creation. Leigh enjoys meals out with the group and visits to local art centres Leigh has been having a great time at the tennis sessions at the Leisure Centre



Leigh working on a large 1000-piece puzzle.



Valentines dry arts and crafts. Leigh created this masterpiece and seemed very proud of himself.



A grand birthday celebration for Marvin! He was particularly happy with his presents.

Jonathan - Relaxed and Social

Jonathan enjoys relaxed outings, like visiting his favorite pub for lunch on a warm day, enjoying good food and good company.



At Number 10, we've taken part in several group activities, including day trips to Windsor Castle, Boxpark in Wembley, the Nature Centre at Canary Wharf, and various other locations.



Looking Ahead

With daily chef rotations, regular sports sessions, and fun trips, life at Number 10 stays active and engaging. We are proud of each resident's progress and the positive spirit they bring to our home. Here's to more great experiences ahead!

HIGHWORTH

Spotlight on Highworth House



ZOHRA ZAREEN

Manager

Enjoying the Outdoors

The people we support have been making the most of the sunshine, spending time outdoors walking to the park, visiting local towns like Aylesbury and Marlow, and admiring the beautiful spring blossoms. Getting out into the community and exploring new places brings a real sense of adventure and joy.



Dancing and Exercising Together

Everyone at Highworth loves dancing! Whether it's Zumba, freestyle, or just moving to the music, dancing is a favorite way to stay in shape, relax, and have fun. It's not just exercise - it's a mood booster that brings laughter and good vibes to the whole house!



Creative Fun at Home

Inside the house, creativity thrives. Art and craft projects, puzzles, board games, and crossword challenges keep everyone engaged and entertained. The tenants love working on activities together, building skills and sharing their talents.



Celebrating Special Moments

Highworth House knows how to celebrate! From Halloween, Christmas, and Easter to Down Syndrome Day, My Whole Self Day, and birthdays, the house is always ready to mark special occasions with joy and togetherness..



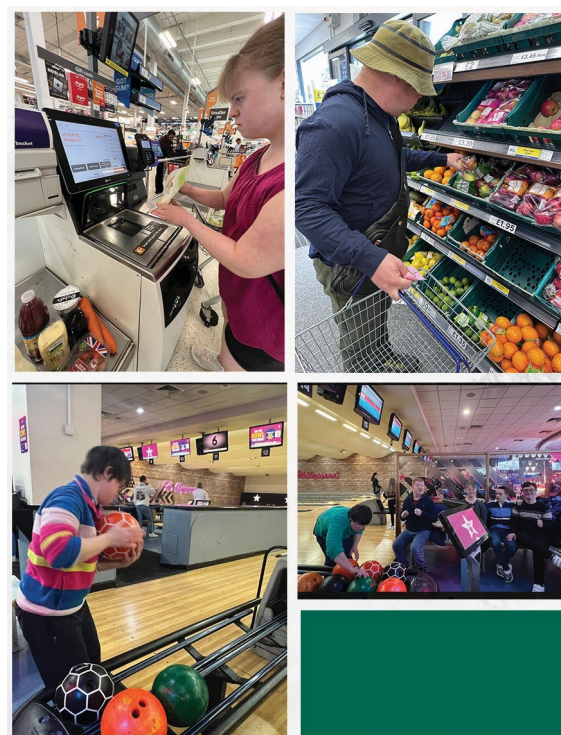
Creative Fun at Home

Teamwork and Pride in Our Home. Keeping the home clean and welcoming is a shared effort. The tenants take pride in helping with chores and supporting the staff, knowing that a tidy home helps everyone feel good and stay healthy.



Leisure and Community Connections

In their free time, the tenants love going to the cinema, shopping, bowling, walking around the town centre, and connecting with the local community. These outings bring a sense of belonging, fun, and happiness to everyone involved.



Cooking and Sharing Meals

Cooking is another source of joy at Highworth House. Tenants love helping prepare meals, enjoying the delicious smells of food and spices, and taking satisfaction in the meals they help create. It's a relaxing, rewarding part of daily life.



Looking Ahead

The energy, teamwork, and creativity at Highworth House make it a truly special place. We're proud of each tenant's contributions and look forward to many more happy moments, celebrations, and new adventures together!





MARK TILLMAN

Supported Living Manager

Spotlight on Howland House & Edgecote

A home full of creativity, connection, and exciting plans

Life at Howland House and Edgecote has been lively and joyful, with tenants diving into hobbies, special outings, and shared celebrations. Let's take a closer look at what everyone's been up to!



Callum has been busy building impressive Lego sets with the staff, showing *off* his patience and creativity. He also enjoys poker and card games, often teaching the staff new tricks, and is a regular at the local pub for games. He's a fan of darts and ball games, adding a fun competitive spirit to the house.!



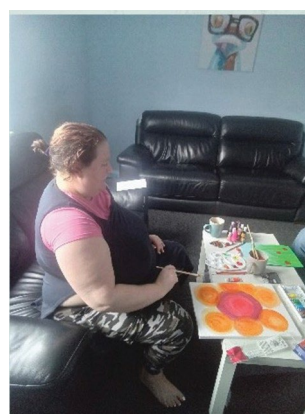
Peter stays active with social link three times a week and enjoys the gardening project and tenants' meetings. He recently helped sweep up after a big garden update, making sure everything looked tidy. He loved walking along the river during the Easter picnic and joins in birthday celebrations with fellow tenants.



Ikram is a skilled table tennis player and loves spending time in the games room. His enthusiasm adds lots of energy to house activities.

Katherine shines when it comes to painting and gardening. She was full of joy planting flowers for the summer garden, singing as she worked and carefully watering the new plants.

Katherine enjoyed playing football with staff at the Easter picnic and found gardening to be truly therapeutic.



Nic loves activities with staff, including cinema trips, coffee outings, and regular lunches with the manager for catch-ups. Nie has booked a July holiday to Butlins, which he's very excited about, and also enjoys day trips to the beach through Gateway. Recently, Nie celebrated turning 50 with a fantastic house party, followed by a fun night out bowling - **where he won!**



Keith is a true sports fan, spending time watching football, darts, golf, snooker, and cricket, especially cheering for his favorite team, Liverpool. He's thrilled about an upcoming trip to Liverpool, where he'll tour the stadium, visit the museum, see the Premier League trophy, and shop at the Liverpool store. He's been to Windsor Castle.

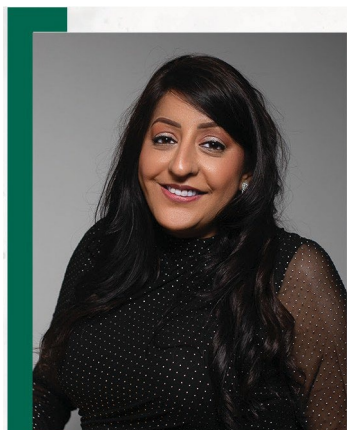


What's Next?

The tenants are looking forward to a garden party to enjoy their beautifully refreshed outdoor space. With holidays, day trips, and sports adventures ahead, there's plenty to be excited about at Howland House and Edgecote!



WESLEY COURT



ZOHRA ZAREEN
Manager

Pamper Time and Personal Care
Nail painting sessions have been a big hit - a moment of calm, care, and connection. Tenants enjoyed some relaxing pamper time, chatting and expressing themselves through colourful nail designs.



Spotlight on Seasonal Fun & Everyday Wins

A home full of colour, care, and community spirit

As the seasons have turned, our home has remained as vibrant and dynamic as ever. From spooky celebrations to thoughtful support, everyone has been busy enjoying meaningful activities, showing kindness, and creating wonderful memories



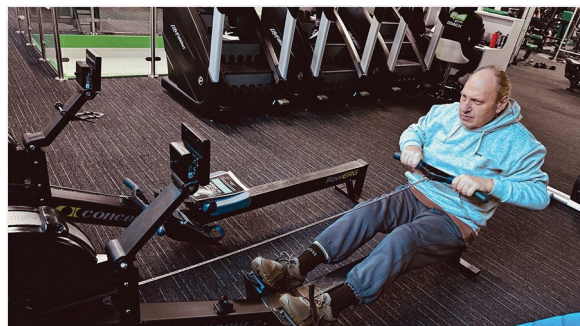
Celebrating Special Days

We had a great time marking Halloween with decorations, laughter, and a magical atmosphere. More recently, we celebrated birthdays with sweet treats and big smiles, and everyone enjoyed exchanging thoughtful gifts during our cheerful Christmas Secret Santa.



Healthy Bodies, Healthy Minds

Our regular visits to Buzz Gym have been a fantastic way to stay active - as they say, "a healthy outside starts from the inside!" We also recognised Mental Health Awareness Day, with supportive conversations and kind gestures, including helping others through moments of need.



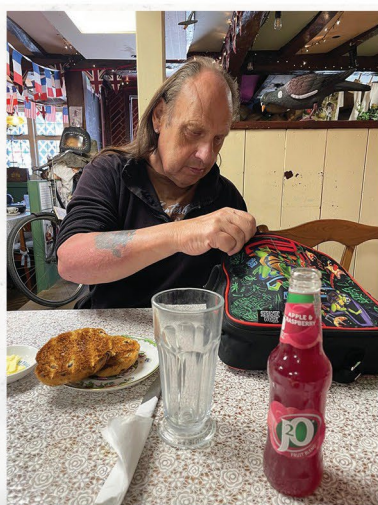
Food and Festivities in the Kitchen

The kitchen has been full of delicious smells and warm teamwork, with tenants preparing meals and trying out new recipes together. From everyday meals to festive treats, there's always something tasty on the go.



Appointments and Check-ups

With regular appointments and routine health check-ups, everyone has been keeping well. Thanks to staff support and residents' own routines, health and wellness remain a top priority



Looking Ahead

From cheerful outings to cozy pamper sessions, each moment here is a chance to connect, grow, and celebrate. With continued support and lots more planned, we look forward to more smiles, milestones, and shared joy in the weeks to come



215



CALISTO MUZENDA
Registered Manager

Spotlight on 215

A home full of love, exciting trips, and joyful memories

At 215, we have five wonderful residents who fill the house with laughter, activity, and warmth.

Let's take a look at the fun and meaningful moments they've shared recently!



Welcoming New Residents

We are thrilled to welcome Zain, who joined the 215 family on March 3, 2025,

He has settled in beautifully and is already part of the house's lively spirit

Day Trip to Oxford

To break away from daily routines, the residents and staff went on a fantastic day trip to Oxford. From sightseeing to relaxing together, everyone had an amazing time exploring a new city and sharing laughs.



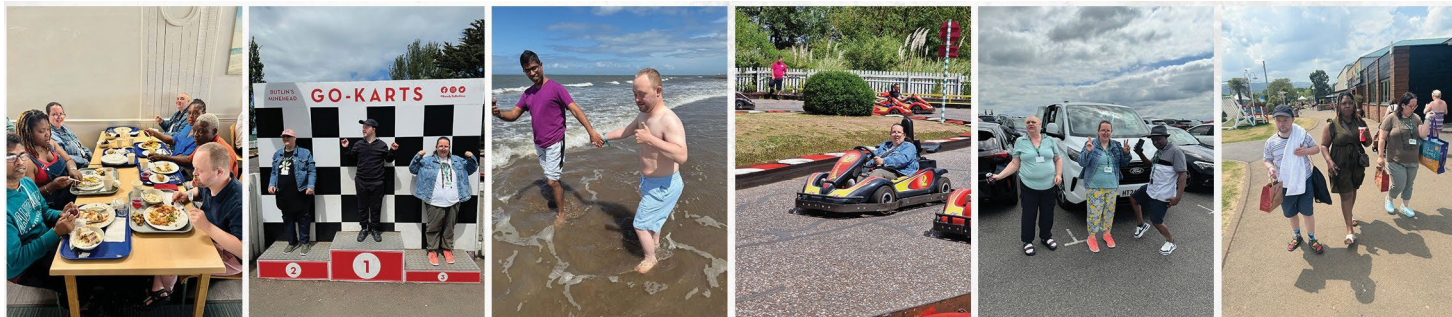
Festive Fun

James and Trish enjoyed decorating the Christmas tree, adding festive cheer to the home. James has also been keeping busy doing his laundry and dancing to music, while Trudie keeps up with her regular exercise routine.



A Week at Butlins, Minehead

Holidays are a special way to relax, recharge, and create lasting memories. The residents had a fantastic, joy-filled holiday at Butlins Minehead, enjoying the beach, rides, meals together, and endless photo moments.



In-House Activities & Relaxation

Daily activities help build independence and confidence. Charlotte has been busy doing the dishes, washing veggies, cooking, and even playing card games and volleyball. James has been shooting hoops on the basketball court, while Charlotte enjoys hanging laundry on the line. Staff and residents regularly engage in these small but meaningful moments together.



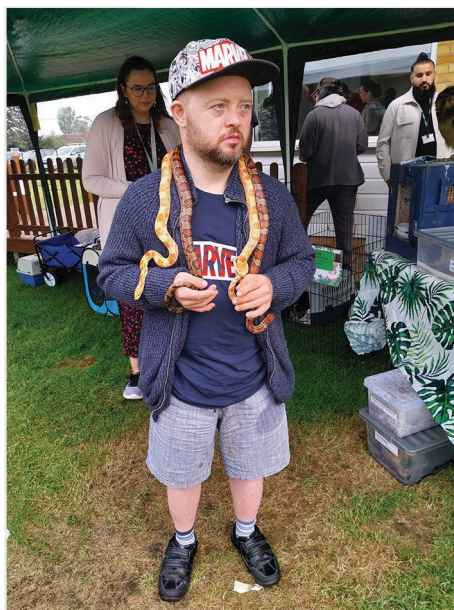
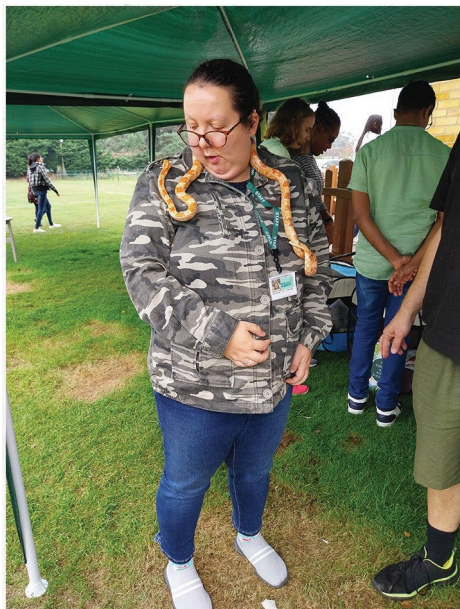
Our residents enjoy outdoor activities and recently visited Odds Farm Park. They had a great time interacting with the animals, exploring the equipment, and experiencing the overall farm environment.

At the home, residents take part in art and creative activities and enjoy spending relaxing time together in the garden.



White Leaf Summer Party 2024

The White Leaf Summer Party was a major highlight! Residents and staff mingled with friends from other homes, enjoyed animal encounters (including snakes, tarantulas, and falcons!), played sports, danced, and savored food from many cultural backgrounds. It was an unforgettable, joyful celebration for everyone at 215.



Long service awards since January 2024

Myung Kim	Support Worker	January 2024	2 years
Alisha Said	Support Worker	February 2024	5 years
Ayesha Mahmood	Number 10	February 2024	2 years
Calisto Muzenda	Registered Manager	March 2024	2 years
Ramphul Risha	Number 10	March 2024	2 years
Sandra Mutega	Support Worker	March 2024	2 years
Anna Tillier	Support Worker	April 2024	2 years
Yvonne Haywood	Office Administrator	May 2024	2 years
Servet Kunduh	Support Worker	May 2024	2 years
Dudala Joanna	Support Worker	June 2024	5 years
Nima Benny	Support Worker	June 2024	2 years
Annie James	Support Worker	June 2024	2 years
Asha Thankachan	Support Worker	June 2024	2 years
Sean House	Maintenance Worker	July 2024	5 years
Tabitha Muzenda	Support Worker	July 2024	5 years
Aksa Sarfaraz	Support Worker	August 2024	2 years
Sue Green	Head of Care and Supported Living Services	August 2024	5 years
Jade Easden	Recruitment Officer	August 2024	2 years
Abiola Samuel	Support Worker	October 2024	2 years
Mandy Ashton	Team Leader	November 2024	5 years
Buddhini Nisansala	Support Worker	October 2024	2 years
Buddhi Jayasinghe	Senior Support Worker	October 2024	2 years
Rukmali Jayasuriya	Support Worker	October 2024	2 years
Sara Baker	Registered Manager	November 2024	5 years
Dishani Chathurika	Support Worker	November 2024	2 years
Sampath Sayakkara	Support Worker	November 2024	2 years
Anusha Gunarathne	Support Worker	November 2024	2 years
Oluchi Ijomah	Support Worker	November 2024	2 years
Mary Oladele-Ojomo	Support Worker	November 2024	2 years
Oluyemi Onayinka	Team Leader	November 2024	2 years
Bintu Ibrahim	Support Worker	November 2024	2 years
Paul Stockwell	Support Worker	January 2025	2 years
Zubaida Hussain	Senior Support Worker	January 2025	5 years
Manjula Hemanthi	Support Worker	January 2025	2 years
Takudzwa Muzenda	Support Worker	February 2025	2 years
Tawanda Muzenda	Support Worker	February 2025	2 years
Iounela Popescu	Support Worker	February 2025	2 years
Chiedza Kambarami	Support Worker	March 2025	2 years
Omolola Fadugba	Support Worker	March 2025	2 years
Sadia Hussain	Support Worker	April 2025	5 years
Brian Kimani	Senior Support Worker	April 2025	2 years
Azra Hussain	Support Worker	June 2025	5 years

Olawale Jimoh

Support Worker

June 2025

2 years

Long service awards since January 2024



AWARDS & RECOGNITION



World Down Syndrome Day



Omiorola Padugba, 2-year Long Service Award, March 2025



Brian Kimani, Senior Support Worker - No 08, 2-year Long Service Award, April 2025

UPCOMING EVENT

Summer Party

Date : 12 September 2025

Time : 13:00 - 17:00

Holmer Green Sports Association

87 Watchet Lane,

Holmer Green HP15 6UF

Feedback

You don't have to wait for a survey to let us know how you feel - please contact the service, Sue or Kelly to raise a concern or to give someone or a team a compliment.

Kelly Taylor: Managing Director

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Sue Green: Head of Care and Supported Living Services

M:07787145624

Nicolae Socaciu: Senior Service Manager

M:07739979506

